

The Structure of Taekwondo

By Dr. Dennis McCain

Over the years I have noticed that many students drop out of their martial arts training. Reasons include: the motives behind the student's initial instruction, lack of parental support, lack of desire and character, etc. But the most disappointing is that many are not teachable. I have seen students who seem to lack coordination, and have great difficulty in understanding, but still achieve their Black Belt. What is the difference? They desired to be taught, and realized that someone had to teach them! Have a teachable spirit and learn everything that you can. You will never be sorry.